

## When do the teams play?

**Indoor Season:** The indoor season usually runs during the winter months and typically includes one indoor practice session per week. Teams may also play in tournaments and indoor soccer leagues.

**Outdoor Season:** The outdoor season begins in April and typically includes 1-2 practices per week. In May and June, teams compete against other soccer teams in the Capital region in league play. Teams may also play in tournaments.



## What is my child's age group?

Teams are determined by birth date. Each age group has separate boys & girls teams, except the U-8 team is co-ed. Teams are formed depending on demand and the number of players in each age group.

Birth dates by team are:

U-8	8/1/00 to 7/31/03
U-10	8/1/98 to 7/31/00
U-12	8/1/96 to 7/31/98
U-14	8/1/94 to 7/31/96
U-16	8/1/92 to 7/31/94
U-17	8/1/91 to 7/31/92

## Who are we?

The Albany Soccer Club offers a youth travel soccer program in which our teams compete against teams from other communities in the Capital District. Our program is open to players from Albany as well as surrounding communities.

The motto of the Albany Soccer Club is “**For The Kids**”. We share US Youth Soccer’s mission to foster the physical, mental, and emotional growth and development of our youth throughout the sport of soccer.

The club wants to work with committed, motivated, and energetic players who are ready for a challenge and eager to improve their skills. Keeping in mind that we want to develop players, we also recognize that it has to be fun so that the kids enjoy the experience and develop a lifelong passion for the sport.

The Albany Soccer Club was established in 1996 and is a not-for-profit organization. We rely on the generosity of countless volunteers to coach, manage, organize and direct the teams and Club.



## Do all age groups play by the same rules?

No, the U-8 and U-10 age groups play a less competitive game, with fewer players on the field and non-result oriented play. The main object is for kids to learn and have fun!



## **Fall 2008 TRYOUTS/ SIGN UPS**

**Dates:**

**Saturday, September 27, 2008  
& Sunday, October 5, 2008**

**See inside for locations & times**

**Check our website at *AlbanySoccerClub.org***

**Contact us by e-mail at  
*AlbanySoccer1@aol.com*  
Telephone: (518)-489-1712**

**This is not a school sponsored event.**

**The City School District of Albany is not responsible for any problems or damages arising from participation in this activity**