

## When do the teams play?

**Indoor Season:** The indoor season begins in late fall and runs during the winter months. The season typically includes one indoor practice session per week. Teams may also play in tournaments and indoor soccer leagues.

**Outdoor Season:** The outdoor season begins in April and typically includes 1-2 practices per week. In May and June, teams compete against other Capital Region teams in league play. Teams may also play in tournaments.



## What is my child's age group?

Teams are determined by birth date. Each age group has separate boys and girls teams, except the U8 team is co-ed. Teams are formed depending on demand and the number of players in each age group.

Birth dates by team are:

U8	8/1/01 to 7/31/04
U10	8/1/99 to 7/31/01
U12	8/1/97 to 7/31/99
U14	8/1/95 to 7/31/97
U16	8/1/93 to 7/31/95
U17	8/1/92 to 7/31/93

## Who are we?

The Albany Soccer Club offers a youth soccer program in which our teams compete against teams from other communities in the Capital Region. Our program is open to players from Albany as well as surrounding communities.

The motto of the Albany Soccer Club is “**For The Kids.**” We share U.S. Youth Soccer’s mission to foster the physical, mental and emotional growth and development of our young people through the sport of soccer.

The club invites committed, motivated and energetic players who are ready for a challenge and eager to improve their skills. Keeping in mind that we want to develop players, we also recognize that it has to be fun so that the kids enjoy the experience and develop a lifelong passion for the sport.

The Albany Soccer Club was established in 1996 and is a not-for-profit organization. We rely on the generosity of countless volunteers to coach, manage, organize and direct the teams and club. We encourage families to volunteer their time to set an example that club soccer is not just a game, but rather a family-involved community organization.

## Do all age groups play by the same rules?

No. The U8 and U10 age groups play a less competitive game, with fewer players on the field and non-result-oriented play. The main object is for kids to learn and have fun!



## **Fall 2009 Sign-Ups/ Tryouts**

**Sunday, September 27  
and Saturday, October 3**

**See inside for locations and times**

**Check our Web site at [AlbanySoccerClub.org](http://AlbanySoccerClub.org)**

**Contact us by e-mail at  
[AlbanySoccer1@aol.com](mailto:AlbanySoccer1@aol.com)  
Telephone: (518)489-1712**

**This is not a school-sponsored event.**

**The City School District of Albany is not responsible for any problems or damages arising from participation in this activity**